

VE: Vegan

V: Vegetarian

GF: Gluten Free

All marked dishes are not necessarily vegan, gluten free or vegetarian. Items may be substituted to complete the diners request, please make your server aware of any allergies or intolerances

STARTERS

Soup of the day (GF, V, VE)	£7.50
Topped with herb croutons and served with your own warm loaf and Welsh butter	
Toasted sourdough (VE)	£7.50
Topped with garlic houmous, mushrooms and leeks	
King prawns (GF)	£9.50
Pan fried with fresh herbs, chilli, diced red peppers and garlic served on a bed of dressed leaves and sweet chilli.	
Homemade smoked haddock and prawn fishcake	£9.00
Served with lime aioli	
Southern fried chicken	£8.50
Lime aioli and dressed leaves	
Chipolata sausages	£8.50
Wrapped in smokey streaky bacon, cooked in honey & soy	
Breaded cod goujons	£7.50
Lemon & tartar sauce	

MAIN COURSES

Beef steak burger	£17.00
Topped with maple glazed bacon, Monterey Jack cheese, baby gem lettuce and tomato on a toasted bun, ranch slaw and served with homemade seasoned chunky chips	
Buttermilk chicken burger	£17.00
Topped with maple glazed bacon, Monterey Jack cheese, baby gem lettuce and tomato on a toasted bun, ranch slaw and served with seasoned fries	
Pan-fried salmon fillet (GF, V)	£18.00
Topped with a honey and garlic coating, fresh seasonal vegetables, rocket leaves and crushed new potatoes	
Thai red curry	
A combination of mixed spices, coconut milk, onions and chillies served with rice and homemade flat bread	
Chicken (GF)	£16.50
Vegetable (GF, VE, V)	£15.00
King prawn (GF, V)	£17.50
Lamb sausage and mash	£15.50
Lamb, leek and mint sausage, on a bed of mashed potato, peas and red wine jus. The lamb sausage can be substituted to pork sausage on request.	

Pan fried chicken breast (GF available)	£16.50
On a bed of roasted vegetables and new potatoes. Served with bacon lardons and peppercorn sauce	
Traditional bacon chops (GF available)	£15.50
Grilled and topped with black pudding, tomato, poached egg, mushy peas and homemade seasoned chunky chips	
Salmon and prawn niçoise salad (GF)	£14.50
Roasted salmon fillet, prawns served on a bed of mixed leaves, green beans, tomatoes, red onions, boiled eggs and olives	
Battered cod fillet (GF available)	£16.50
With freshly cut homemade chips, minted mushy or garden peas, lemon and chunky tartar sauce	
Leek and mushroom and mixed pepper macaroni cheese (V)	£15.00
Served with a side salad and warm bread	
Vegan fish finger bap (VE)	£18.50
With vegan tartar sauce , mushy peas and homemade chips	

CHOICE OF STEAK

8oz Rump (GF)
£22.00

8oz Sirloin (GF)
£25.00

Both steaks served with garlic seasoned tomato, field flat mushroom, hand cut chips and a choice of pepper or wholegrain mustard sauce

SUNDAY	£17.50
Roasts available all day please ask your server for more information	

SIDE ORDERS

Chunky homemade seasoned chips (GF,V,VE)	£3.75
Chunky homemade cheesy chips (GF,V)	£5.00
Chunky homemade vegan cheesy chips (GF,V,VE)	£5.00
Skinny fries (GF,V,VE)	£3.75
Panache of vegetables (GF,V,VE)	£3.75
Mashed potato - Plain or Leek (GF,V,VE)	£3.75
Fresh battered onion rings	£3.75
Ranch slaw (GF)	£3.75
Pepper sauce, red onion gravy, whole grain sauce (GF)	£3.75
Maple glazed chicken wings (GF)	£5.00
Macaroni cheese	£4.50

Desserts

Homemade lemon tart (V)

With raspberry sorbet, fresh raspberries and broken meringue

Warm sticky toffee pudding (V)

With butterscotch sauce, vanilla ice cream and toffee pudding crumb

Warm chocolate brownie (GF, V)

Topped with chocolate sauce, mixed berries and white chocolate ice cream.

A selection of homemade ice-creams including:

Mint choc chip
Strawberry
Welsh Merlyn
Chocolate
White chocolate
Rum and raisin
Raspberry sorbet
Vegan vanilla (VE)

A selection of Welsh cheeses

Served with celery, apple, biscuits and chutney

Affogato (GF,V,VE - available)

Vanilla ice cream with a shot of espresso

Vegan sticky toffee sponge (GF,V,VE)

With vanilla ice cream.

All the Above **£8.50**

CHOICE OF SANDWICHES

Noon till 5pm

Tuna, cheese and mayonnaise	£7.50	Steak and fried red onion	£9.00
Cheese and chutney	£7.50	Ham and cheese	£7.00
Houmous, tomato, cucumber and red onion	£7.50	Chicken, bacon, tomato, lettuce and mayonnaise	£7.50
Salmon, cream cheese, cucumber	£8.00		

All sandwiches can be on bloomer or sourdough bread and can be toasted on request, served with crisps and salad garnish.

Pizzas

Margherita	£11.95
Vegan Margherita	£14.95
Classic Pepperoni	£13.95
Minted Lamb & onion	£14.95
Italian cured meats and mixed olives	£14.95

Afternoon tea Available 12-5pm

Childrens Menu

STARTER £5.50

Soup, macaroni cheese or chicken goujons

MAIN £7.50

Sausage, fish goujons or beef burger

All the above can be served either chips, leek mash, garden- mushy peas, vegetables or salad.

Cheese and tomato pizza or Pepperoni pizza

Roast beef or chicken and all the trimmings on a Sunday

DESSERTS £5.50

Doughnuts, Pancakes with maple syrup or a Trio of homemade ice creams

Gluten free, Vegan afternoon teas available at 24 hours notice

Fruit or plain Scone with strawberry jam and clotted cream

Local Welsh Bara Brith

Chocolate Brownie

Flapjack Cranachan

Fruit Custard Tart

Toffee Apple Brioche

Macaron

Sandwiches:

Honey roast ham and tomato chutney on white

Egg mayonnaise on white

Cheese and pickle on brown

Smoked salmon, cream cheese and cucumber on brown

Pork, onion and sage Sausage Roll